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ಆಯುಕ್ತಾಲಯ

ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಸೇವೆಗಳು, 5ನೇ ಮಹಡಿ, ಮಾಗಡಿ ರಸ್ತೆ, ಬೆಂಗಳೂರು- 560 023
ಸಂಖ್ಯೆ: DD/NCD/12/2025-26 Type 01 DM Study (E-1830815) ದಿನಾಂಕ:- 8 / 9 / 2025

Subject: Constitution of State Level Technical Advisory Committee on Type 1 Diabetes Mellitus (T1DM) and Roles & Responsibilities of Members

With reference to the findings from the study titled "Multi-Level Exploration of Barriers and Enablers in Type 1 Diabetes Care in Karnataka" conducted by Veruschka et.al in collaboration with MS Ramaiah Medical College, supported by the Karnataka Institute of Endocrinology and Research (KIER) and the Department of Health & Family Welfare, the Government of Karnataka recognizes the urgent need to strengthen Type 1 Diabetes Mellitus (T1DM) care services across the state.

The Key challenges identified include:

- Expensive and irregular insulin supply
- Limited access to regular glucose monitoring, especially HbA1c testing
- Financial, psychosocial and mental health burden on patients and caregivers
- Gaps in medical education and healthcare provider capacity building
- Gender-related barriers impacting access to care

In this regard, it is proposed for the constitution of a State Level Technical Advisory Committee to strengthen the T1DM care in Karnataka.

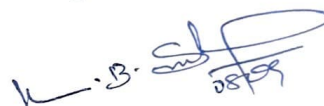
Composition of the Committee

SL. No	Designation	
1	Additional Director, NHM	
2	Pediatric Endocrinology Experts (Hospitals/Institutes in Karnataka)	Chairperson
3	Deputy Director, NCD	Member
4	Deputy Director, HWC	Member
5	Deputy Director, Child Health	Member
6	Deputy Director, RBSK	Member
7	Deputy Director, Mental Health	Member
8	Representative, M S Ramaiah Medical College	Member
9	Principal Investigator of the Study	Member

Responsibilities

- Provide overall strategic direction and leadership for planning and implementation of T1DM interventions.
- Ensure alignment of proposed interventions with NHM objectives and obtain necessary approvals.
- Facilitate inter-departmental coordination for effective implementation.
- Recommend protocols for insulin therapy, glucose monitoring and complication prevention.
- Ensure availability and distribution of essential insulins across all districts.
- Strengthen T1DM screening, follow-up and referral services at Health & Wellness Centres.
- Integrate T1DM screening and management with RMNCH+A initiatives.
- Include T1DM screening under Rashtriya Bal Swasthya Karyakram (RBSK).
- Provide academic and research support for evidence-based recommendations.

The Committee shall meet periodically to review progress, deliberate on challenges and provide recommendations to the State NCD Division for strengthening T1DM care.



Commissioner,
Health and family Welfare services
Arogya Soudha, Magadi Road
Bengaluru

Copy to

1. Additional Director, National Health Mission, Arogya Soudha, Bengaluru.
2. Deputy Director, HWC, Arogya Soudha, Bengaluru.
3. Deputy Director, Child Health, Arogya Soudha, Bengaluru.
4. Deputy Director, RBSK, Arogya Soudha, Bengaluru.
5. Deputy Director, Mental Health, Arogya Soudha, Bengaluru.
6. Endocrinologist, M.S. Rammiah Medical College, Bengaluru.
7. Veruschka, Principal Investigator of the Study.
8. Office Copy.